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History Of American Girls by

Brumberg, Joan Jacobs (ISBN:
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The Body Project: An Intimate History
of American Girls ...

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In *The Body Project: An Intimate History Of American*, historian Joan Jacobs Brumberg answers this question, drawing on diary excerpts and media images from 1830 to the present. Tracing girls' attitudes toward topics ranging from breast size and menstruation to hair, clothing, and cosmetics, she exposes the shift

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from the Victorian concern with inner
beauty to our modern focus on
outward appearance--in particular, the
desire to be model-thin and sexy.

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History Of American Girls by Brumberg, Joan
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[(The Body Project: An Intimate
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The Body Project: An Intimate History of American Girls. A hundred years ago, women were lacing themselves into corsets and teaching their daughters to do the same. The ideal of the day, however,...

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The Body Project: An Intimate History
of American Girls by ...

The Body Project: An Intimate History
of American Girls: Author: Joan Jacobs
Brumberg: Publisher: Knopf
Doubleday Publishing Group, 2010:
ISBN: 0307755746,

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9780307755742: Length: 336 pages:
Subjects

The Body Project: An Intimate History
of American Girls ...

In The Body Project (1997), Joan
Jacobs Brumberg explores the
changing experience of female

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maturation in the years between the
1830s and 1990s. She gathers rich
detail from diaries written by
generally white, middle-class
American girls to tell the story of how
their relationship to their own body
has changed.

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The Body Project: An Intimate History
of American Girls by ...

emphasis on the body as a way of defining the self. Using intimate materials drawn from the unpublished diaries of American girls, The Body Project provides a lively and engaging story of how growing up as a girl has

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changed over the past one hundred
years, and why the pressures on girls
are now so intense.

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of American Girls by Brumberg, Joan

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9780679402978 - The Body Project:
An Intimate History of ...

The Body Project: An Intimate History of American Girls is a highly accessible and enjoyable book that traces girls' relationships with their

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History over time. While the Victorian Era was a time of both constraining rules and dress for females, Brumberg encourages readers to take a second look at this period and suggests that girls may be worse off today.

The Body Project: An Intimate History

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The Body Project: An Intimate History of American Girls, written by Joan Jacobs Brumberg, is a compelling book presenting the history of woman's struggles with many issues including body image, self-advocacy, sexuality, and social pressures. The

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History guides the reader through these problems dating back to the Victorian age, up to the present day.

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The Body Project provides information about the book, the author and her work, as well as her perspective on the history of American adolescent girls and the ways in which the body has become their most important project. The Body Project: An Intimate History of

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The Body Project - Joan Jacobs Brumberg

The Body Project is a group-based intervention that provides a forum for high school girls and college aged women to confront unrealistic

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appearance ideals and develop
healthy body image and self-esteem. It
has repeatedly been shown to
effectively reduce body
dissatisfaction, negative mood,
unhealthy dieting and disordered
eating.

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[The Body Project | National Eating Disorders Association](#)

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The Body Project an Intimate History
of American Girls ...

My most recent retail therapy resulted in the purchase of 2 obnoxiously feminist books - The Body Project: An Intimate History of American Girls and The Beauty Myth. Having just barely

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started the Beauty Myth, I can already
see that the Body Project was more up
my alley.

The Body Project: An Intimate History
of American Girls by ...

Although The Body Project
acknowledges a problem, it is still an

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entertaining read because it evokes so many memories in the lives of girls and women—particularly personal milestones such as first periods, pimples, training bras, first dates, and sexual awakening. The Body Project is perfect for generating mother-daughter dialogue, and it is

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remarkable for its insight about what
adolescent girls have gained and lost
as American women shed the corset
and the ideal of virginity for a new ...

A hundred years ago, women were

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lacing themselves into corsets and teaching their daughters to do the same. The ideal of the day, however, was inner beauty: a focus on good deeds and a pure heart. Today American women have more social choices and personal freedom than ever before. But fifty-three percent of

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our girls are dissatisfied with their bodies by the age of thirteen, and many begin a pattern of weight obsession and dieting as early as eight or nine. Why? In *The Body Project*, historian Joan Jacobs Brumberg answers this question, drawing on diary excerpts and media images from

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1830 to the present. Tracing girls' attitudes toward topics ranging from breast size and menstruation to hair, clothing, and cosmetics, she exposes the shift from the Victorian concern with character to our modern focus on outward appearance—in particular, the desire to be model-thin and sexy.

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History Of American
Compassionate, insightful, and
gracefully written, The Body Project
explores the gains and losses
adolescent girls have inherited since
they shed the corset and the ideal of
virginity for a new world of sexual
freedom and consumerism—a world
in which the body is their primary

Where To Download The Body Project An Intimate History Of American project.

Traces the historic roots of anorexia nervosa from its emergence during the Victorian era to its pervasiveness in the twentieth century, and explores the cultural significance of appetite control in women's lives.

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A witty and stylish look into the mechanics employed by men and women to sculpt their figures for fashion

Body Type is an eye-opening look into the amazingly creative ways that

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tattoo artists are utilizing typography. Whereas the majority of tattoo art uses images to convey messages, here the message actually is the image. Twenty-six alphabetical characters might not seem like much to work with, but a look through these photographs reveals the contrary.

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Here are truly unique social
commentaries, expressions of love,
hilarious examples of biting satire,
plus some mottos, intricate logotypes,
deeply personal song lyrics, and, of
course, those tattoos that exist for one
reason only: to shock the hell out of
you. The crisp photographs are

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accompanied by an insightful
commentary from renowned graphic
designer and typographer Ina Saltz,
plus consistently surprising and
heartfelt explanations from the
tattooed.

In Confidence Culture, Shani Orgad

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and Rosalind Gill argue that

imperatives directed at women to
“ love your body ” and “ believe in
yourself ” imply that psychological
blocks rather than entrenched social
injustices hold women back.

Interrogating the prominence of
confidence in contemporary discourse

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about body image, workplace,
relationships, motherhood, and
international development, Orgad and
Gill draw on Foucault ' s notion of
technologies of self to demonstrate
how “ confidence culture ” demands
of women near-constant introspection
and vigilance in the service of self-

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improvement. They argue that while confidence messaging may feel good, it does not address structural and systemic oppression. Rather, confidence culture suggests that women—along with people of color, the disabled, and other marginalized groups—are responsible for their own

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conditions. Rejecting confidence
culture ' s remaking of feminism
along individualistic and neoliberal
lines, Orgad and Gill explore
alternative articulations of feminism
that go beyond the confidence
imperative.

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Esteemed Psychotherapist and writer
Susie Orbach diagnoses the crisis in
our relationship to our bodies and
points the way toward a process of
healing. Throughout the Western
world, people have come to believe
that general dissatisfaction can be
relieved by some change in their

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bodies. Here Susie Orbach explains the origins of this condition, and examines its implications for all of us. Challenging the Freudian view that bodily disorders originate and progress in the mind, Orbach argues that we should look at self-mutilation, obesity, anorexia, and plastic surgery

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on their own terms, through a reading of the body itself. Incorporating the latest research from neuropsychology, as well as case studies from her own practice, she traces many of these fixations back to the relationship between mothers and babies, to anxieties that are transferred

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unconsciously, at a very deep level,
between the two. Orbach reveals how
vulnerable our bodies are, how
susceptible to every kind of negative
stimulus--from a nursing infant
sensing a mother's discomfort to a
grown man or woman feeling
inadequate because of a model on a

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billboard. That vulnerability makes the stakes right now tremendously high. In the past several decades, a globalized media has overwhelmed us with images of an idealized, westernized body, and conditioned us to see any exception to that ideal as a problem. The body has become an

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object, a site of production and
commerce in and of itself. Instead of
our bodies making things, we now
make our bodies. Susie Orbach reveals
the true dimensions of the crisis, and
points the way toward healing and
acceptance.

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"Black is Beautiful!" The words were the exuberant rallying cry of a generation of black women who threw away their straightening combs and adopted a proud new style they called the Afro. The Afro, as worn most famously by Angela Davis, became a veritable icon of the Sixties. Although

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the new beauty standards seemed to arise overnight, they actually had deep roots within black communities. Tracing her story to 1891, when a black newspaper launched a contest to find the most beautiful woman of the race, Maxine Leeds Craig documents how black women have

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negotiated the intersection of race,
class, politics, and personal
appearance in their lives. Craig takes
the reader from beauty parlors in the
1940s to late night political meetings
in the 1960s to demonstrate the
powerful influence of social
movements on the experience of daily

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life. With sources ranging from oral histories of Civil Rights and Black Power Movement activists and men and women who stood on the sidelines to black popular magazines and the black movement press, *Ain't I a Beauty Queen?* will fascinate those interested in beauty culture, gender,

Where To Download The Body Project An Intimate History Of American class, and the dynamics of race and social movements.

Traces the century-old juvenile murder case of fifteen-year-old Charles Miller, citing such factors as his orphaned state at the age of six, his inability to find a safe home, the

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influences of poverty and abuse that led to his murder of two other young men, and his controversial, politically motivated execution. Reprint.

The #1 NEW YORK TIMES Bestseller

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The basis for the PBS Ken Burns
Documentary The Gene: An Intimate
History From the Pulitzer
Prize-winning author of The
Emperor of All Maladies—a
fascinating history of the gene and
“ a magisterial account of how human
minds have laboriously, ingeniously

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picked apart what makes us tick ”

(Elle). "Sid Mukherjee has the uncanny ability to bring together science, history, and the future in a way that is understandable and riveting, guiding us through both time and the mystery of life itself." –Ken Burns “ Dr.

Siddhartha Mukherjee dazzled readers

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with his Pulitzer Prize-winning *The Emperor of All Maladies* in 2010. That achievement was evidently just a warm-up for his virtuoso performance in *The Gene: An Intimate History*, in which he braids science, history, and memoir into an epic with all the range and biblical thunder of *Paradise*

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Lost” (The New York Times). In this
biography Mukherjee brings to life
the quest to understand human
heredity and its surprising influence
on our lives, personalities, identities,
fates, and choices. “ Mukherjee
expresses abstract intellectual ideas
through emotional stories...[and]

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swaddles his medical rigor with
rhapsodic tenderness, surprising
vulnerability, and occasional flashes of
pure poetry ” (The Washington Post).

Throughout, the story of
Mukherjee ’ s own family—with its
tragic and bewildering history of
mental illness—reminds us of the

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questions that hang over our ability to translate the science of genetics from the laboratory to the real world. In riveting and dramatic prose, he describes the centuries of research and experimentation—from Aristotle and Pythagoras to Mendel and Darwin, from Boveri and Morgan to

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Crick, Watson and Franklin, all the way through the revolutionary twenty-first century innovators who mapped the human genome. “ A fascinating and often sobering history of how humans came to understand the roles of genes in making us who we are—and what our manipulation of

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those genes might mean for our future ” (Milwaukee Journal-Sentinel),
The Gene is the revelatory and magisterial history of a scientific idea coming to life, the most crucial science of our time, intimately explained by a master. “ The Gene is a book we all should read ” (USA

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